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| Dental                                     | Delta Dental of New York (non-union employees)<br>GHI (Local 200United employees)  | 800-932-0783<br>800-255-5681  | <a href="http://www.deltadentalins.com">www.deltadentalins.com</a><br><a href="http://www.ghi.com">www.ghi.com</a>   |
| Health Insurance Plans                     | <u>Non-Union Employees</u><br>Capital District Physicians' Plan (CDPHP)<br>MVP Healthcare<br>Blue Shield of Northeastern NY<br>...Out of Area<br><br><u>Local 200United Employees</u><br>1199 SEIU Greater NY Benefit Fund | 888-258-0477<br>888-687-6277<br>888-840-6322<br>800-810-2583<br><br>877-557-1199 or<br>518-396-2355 | <a href="http://www.cdphp.com">www.cdphp.com</a><br><a href="http://www.mvphealthcare.com">www.mvphealthcare.com</a><br><a href="http://www.bsny.com">www.bsny.com</a><br><br><a href="http://www.1199nbf.org/healthcare/default.aspx">www.1199nbf.org/healthcare/default.aspx</a> |
| Life Insurance                             | First Reliance Standard (non-union employees)<br><br><u>Local 200United Employees</u><br>1199 SEIU Greater NY Benefit Fund   | 800-351-7500<br><br>877-557-1199 or<br>518-396-2355   | <a href="http://www.reliancestandard.com">www.reliancestandard.com</a><br><br><a href="http://www.1199nbf.org/healthcare/default.aspx">www.1199nbf.org/healthcare/default.aspx</a>   |
| Long-Term Disability (non-union employees) | First Unum   | 800-858-6843  | <a href="http://www.Unum.com">www.Unum.com</a>   |